

B-Hall & CYC 1/3	Monday	Tuesday	Wednesday	Thursday	Friday
Main £2.55	Meatball Pasta Bake Italian style meatballs in our homemade tomato sauce served with garlic doughballs (gl)(mk)	Chicken Parmigiana Crispy chicken fillets topped with our home-made tangy tomato sauce oven baked served with broccoli & buttered new potatoes (gl)(mk)	Pepperoni Pizza Pizza bases topped with our homemade pizza sauce and delicious toppings with a cucumber & cherry tomato salad (gl)(mk)(mst)(soy)	Pulled Pork Wrap Slow cooked pork in a BBQ sauce, peppers & onions served in a warm tortilla wrap and a side of tortilla chips (gl)	Fish & Chips Fish served with chips, sweetcorn or beans (fsh)(gl)
Veggie & Vegan £2.55	Butternut Squash & Spinach Pasta Butternut squash sauce with spinach and pasta shells slowly cooked & a side of garlic doughballs (gl)(mk)	Quorn Parmigiana Crispy Quorn fillets topped with our home-made tangy tomato sauce oven baked served with broccoli & buttered new potatoes (gl)(mk)	Margherita Pizza Pizza bases topped with our homemade pizza sauce and delicious toppings with a cucumber & cherry tomato salad (gl)(mk)	Halloumi Wrap Halloumi strips in BBQ sauce, peppers & onions served in a warm tortilla wrap and a side of tortilla chips (gl)(mk)	Vegan Dippers & Chips Vegan nuggets served with chips. Choose from beans or sweetcorn. (gl) (v) (ve)
Grab & Go £2.55	Deli Bagel Bagels filled with chicken, homemade pesto sauce & salad with a side of tortilla chips and sweetcorn relish salad (gl)(mst)(mk)	Tomato Soup & Cheese Toastie Warming homemade soup served with a cheese toastie! (gl)(mk)	Ham Pizza Pizza bases topped with our homemade pizza sauce and delicious toppings with a cucumber & cherry tomato salad (gl)(mk)	Hot Chicken Caesar Salad Romaine lettuce, topped with hot chicken strips, croutons, hard Italian cheese & Caesar dressing (eg)(mk)(gl)	Chicken Burger & Chips Crunchy chicken burgers served in a soft bun with chips, beans or sweetcorn (mk)(gl)(soy)



B-Hall & CYC 2/3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main £2.55	Bacon Mac & cheese A classic pasta dish macaroni pasta served in our homemade creamy cheese sauce, crunchy bacon pieces & served with garlic bread (gl)(mk)	IGS Hotdog Butchers hotdogs served in a soft bun, sweetcorn and tater tots (gl)(sd)	Folded Pizzas Individual naans stuffed with delicious pizza sauce, toppings and cheese served with coleslaw & onion rings (gl)(mk)(eg)	Chicken Enchiladas Chicken pieces, peppers & onions cased in tortilla wraps topped with homemade tomato sauce & cheese, oven baked to perfection served with house salad (gl)(mk)	Fish & Chips Fish and chips with a side of sweetcorn or beans. (gl) (fsh)
Veggie & Vegan £2.55	Mac & Cheese A classic pasta dish macaroni pasta served in our homemade creamy cheese sauce & served with garlic bread (gl)(mk)	IGS Veggie Hotdogs Vegetable hotdogs served in a soft bun, sweetcorn and tater tots (gl)	Folded Pizzas Individual naans stuffed with delicious pizza sauce, toppings and cheese served with coleslaw & onion rings (gl)(mk)(eg)	Mediterranean Vegetable Wellington Mini parcels stuffed with flavoursome vegetables, served with house salad (eg)(mk)(gl)	Cauliflower Bites & Chips Slightly spiced cauliflower bites served with chips, beans or sweetcorn
Grab & Go £2.55	Jacket Potato Bar Fluffy jacket potato with a choice of 3 toppings Beef chilli, tuna mayo & sweetcorn, beans, cheese, crispy onions, cheese and chive soured cream. (ask for allergy information)	Pulled Chicken Boa Buns Delicate and fluffy bao buns filled with honey shredded chicken served with stir fried vegetables (gl)	Folded Pizzas Individual naans stuffed with delicious pizza sauce, toppings and cheese served with house salad & onion rings (gl)(mk)(eg)	"Fandos" Lemon & Herb Chicken Salad Lemon spiced chicken, served with spicy rice and salad, topped with a sauce of your choice	Southern Fried Chicken Goujons & Chips Spiced chicken Goujons served with chips, beans or sweetcorn. (gl) (h)(cel)



B-Hall & CYC 3/3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main £2.55	Chicken & Sweetcorn Pasta Bake Chicken chunks & sweetcorn served in our homemade tomato sauce topped with cheese, along with pasta & a side of garlic bread (gl)(mk)	Chilli Topped Nachos A favourite at IGS of slightly spicy homemade beef chilli on top of crunchy nachos, cheese, sour cream & salsa (mk)	Pepperoni Pizza Pizza bases topped with our homemade pizza sauce and delicious toppings & sweet tortilla chips & house salad (gl)(mk)	IGS Beef Burgers Butchers best beef burgers served in a soft burger bun, alongside potato pops and rainbow salad (gl)(sd)	Fish & Chips Battered fish fillets served with chips, beans or sweetcorn. (fsh) (gl)
Veggie & Vegan £2.55	Rocket & Basil Pasta Penne pasta served with a fresh and homemade creamy basil & rocket sauce served with garlic bread (gl)(mk)	Quorn Chilli Topped Nachos A favourite at IGS of slightly spicy homemade Quorn chilli on top of crunchy nachos, cheese, sour cream & salsa (mk)	4 Cheese Pizza Pizza bases topped with our homemade pizza sauce and delicious toppings & sweet tortilla chips & house salad (gl)(mk)	IGS Garden Burger Finest vegetable burgers served in a soft burger bun, alongside potato pops and rainbow salad (gl)	Vegetable nuggets Vegetable nuggets served with chips, beans or sweetcorn. (gl)
Grab & Go £2.55	Ranch Chicken Salad Chicken pieces served on a bed of lettuce, grated carrot, cucumber and tomatoes with a generous serving of ranch sauce (mst)(sd)	Singapore Noodles 5 spiced chicken chunks stir fried vegetables and noodles in a soy sauce glaze (gl)(soy)	Ham & Cheese Pizza Pizza bases topped with our homemade pizza sauce and delicious toppings & sweet tortilla chips & house salad (gl)(mk)	Ciabatta Deli Special Ciabatta filled with slices of delicious salami, ham, cheese, gherkins and salad with a side of tortilla chips and sweetcorn relish salad (gl)(mk)(mst)	Battered Chicken Bites Battered chicken bites served with chips, beans or sweetcorn. (gl)(soy)

