

B-Hall & CYC 1/3	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>Main</p> <p>£2.55</p>	<p>Cajun Chicken Rigatoni</p> <p>Cajun flavoured chicken pieces with rigatoni pasta in our rich homemade tomato sauce</p> <p>(gl)</p>	<p>Chicken Gyros</p> <p>Greek flavoured chicken, peppers and onions served with string fries in a folded naan bread.</p> <p>(gl)</p>	<p>Pepperoni Pizza</p> <p>Pizza bases topped with our homemade pizza sauce and delicious toppings & corn on cobs</p> <p>(gl)(mk)(mst)(soy)</p>	<p>Roast Chicken Dinner</p> <p>Traditional roast chicken dinner served with all the trimmings including our homemade Yorkshire puddings.</p> <p>(gl)(eg)(mk)</p>	<p>Fish Bites & Chips</p> <p>Fish Bites served with chips, sweetcorn or beans</p> <p>(fsh)(gl)</p>
<p>Veggie & Vegan</p> <p>£2.55</p>	<p>Chipotle Chicken Rice Bowl</p> <p>Spicy rice filled with sweet vegetables and topped with chipotle chicken strips</p> <p>(eg)</p>	<p>Halloumi Gyros</p> <p>Greek flavoured halloumi, peppers and onions served with string fries in a folded naan bread.</p> <p>(gl)(mk)</p>	<p>Margherita Pizza</p> <p>Pizza bases topped with our homemade pizza sauce and delicious toppings & corn on cobs</p> <p>(gl)(mk)</p>	<p>Roast Quorn Dinner</p> <p>Traditional roast Quorn dinner served with all the trimmings including our homemade Yorkshire puddings.</p> <p>(gl)(eg)(mk)</p>	<p>Vegan Dippers & Chips</p> <p>Vegan nuggets served with chips. Choose from beans or sweetcorn.</p> <p>(gl) (v) (ve)</p>
<p>Grab & Go</p> <p>£2.55</p>	<p>Chipotle Quorn Rice Bowl</p> <p>Spicy rice filled with sweet vegetables and topped with chipotle Quorn stirps</p> <p>(eg)</p>	<p>Tex– Mex Tofu Bowl</p> <p>Tofu combined with sweetcorn, salsa & tortilla chips topped with cheese and oven baked</p> <p>(soy)(mk)</p>	<p>Ham Pizza</p> <p>Pizza bases topped with our homemade pizza sauce and delicious toppings & corn on cobs</p> <p>(gl)(mk)</p>	<p>Roast Gammon Dinner</p> <p>Traditional roast Gammon dinner served with all the trimmings including our homemade Yorkshire puddings.</p> <p>(gl)(eg)(mk)</p>	<p>Chicken Nuggets & Chips</p> <p>Chicken Nuggets served with chips, beans or sweetcorn.</p> <p>(gl)(h)</p>



B-Hall & CYC 2/3

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Main £2.55	Chipotle Mac & cheese A twist on the classic "mac & cheese" Served with garlic bread balls (eg)(gl)(mk)	Katsu Chicken Curry Fluffy steamed rice, topped with breaded chicken pieces and sweet and tangy curry sauce (gl)(soy)	Calzone Pizzas Individual calzones stuffed with delicious pizza sauce, toppings and cheese served with house salad (gl)(mk)	Sausage & Mash Butchers finest pork sausages, creamy mashed potatoes, peas and our homemade Yorkshire puddings. (sd)(gl)(eg)(mk)	Fish & Chips Fish and chips with a side of sweetcorn or beans. (gl) (fsh)
Veggie & Vegan £2.55	Chilli Cheese Melt Tortilla wraps stuffed, folded and baked to create a lovely crunchy melt served with side salad (gl)(mk)	BBQ Chicken Kebab BBQ marinated chicken kebabs, served with roasted peppers on onions on top of a tear shaped naan bread (gl)	Calzone Pizzas Individual calzones stuffed with delicious pizza sauce, toppings and cheese served with house salad (gl)(mk)	Meatless Farm & Mash Meatless Farm sausages, creamy mashed potatoes, peas and our homemade Yorkshire puddings. (gl)(eg)(mk)	Quorn Goujons & Chips Quorn goujons served with chips beans, or sweetcorn (v)(gl)
Grab & Go £2.55	Chilli Cheese & Chicken Melt Tortilla wraps stuffed, folded and baked to create a lovely crunchy melt served with side salad (gl)(mk)	Halloumi Kebab BBQ marinated Halloumi kebabs, served with roasted peppers on onions on top of a tear shaped naan bread (gl)(mk)	Calzone Pizzas Individual calzones stuffed with delicious pizza sauce, toppings and cheese served with house salad (gl)(mk)	Mediterranean Tartlets Mini pastry tartlets topped with mixed Mediterranean vegetables goats cheese and red onion , served with chickpea roasted salad (mk)(gl)	Southern Fried Chicken Goujons & Chips Spiced chicken Goujons served with chips, beans or sweetcorn. (gl) (h)(cel)



B-Hall & CYC 3/3

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>Main</p> <p>£2.55</p>	<p>Bacon & Spinach Pasta Bake</p> <p>Pasta shells in our home-made tomato sauce, crunchy smoky bacon bits and spinach served with garlic bread</p> <p>(gl)</p>	<p>All Day Breakfast</p> <p>A plate full of sausage, bacon, hash browns, eggs, roasted half tomato, slice of bread & butter and beans!</p> <p>(sd)(gl)(soy)(eg)(mk)</p>	<p>Pepperoni Pizza</p> <p>Pizza bases topped with our homemade pizza sauce and delicious toppings & corn on cobs</p> <p>(gl)(mk) (mst)(soy)</p>	<p>Southern Fried Chicken Wraps</p> <p>Southern fried chicken strips, with fresh crisp lettuce served with a side of tortilla chips & rocket salad</p> <p>(gl)(cel)</p>	<p>Fish & Chips</p> <p>Battered fish fillets served with chips, beans or sweetcorn.</p> <p>(fsh) (gl)</p>
<p>Veggie & Vegan</p> <p>£2.55</p>	<p>Harissa Honey Flatbread</p> <p>Halloumi strips drizzled in honey oven baked, served with a warm flatbread and seasonal vegetables</p> <p>(gl)(mk)</p>	<p>All day Veggie Breakfast</p> <p>A plate full of vegetarian sausages hash browns, eggs, roasted half tomato, slice of bread & butter and beans!</p> <p>(gl)(eg)(soy)(mk)</p>	<p>4 Cheese Pizza</p> <p>Pizza bases topped with our homemade pizza sauce and delicious toppings & corn on cobs</p> <p>(gl)(mk)</p>	<p>Southern Fried Quorn Wraps</p> <p>Southern fried Quorn strips, with fresh crisp lettuce served with a side of tortilla chips & rocket salad</p> <p>(gl)</p>	<p>Meatless Chicken Burger</p> <p>Meatless chicken burgers served in a soft bun with chips, sweetcorn or beans</p> <p>(gl)(eg)(mk)</p>
<p>Grab & Go</p> <p>£2.55</p>	<p>Harissa Honey Pulled Chicken Flatbread</p> <p>Halloumi & harissa chicken strips drizzled in honey oven baked, served with a warm flatbread and seasonal vegetables</p> <p>(gl)(mk)</p>	<p>Tikka Masala</p> <p>Our homemade tikka chicken tikka masala serve with half wholemeal and white rice, side of onion bhaji</p> <p>(mst)(mk)</p>	<p>Ham & Cheese Pizza</p> <p>Pizza bases topped with our homemade pizza sauce and delicious toppings & corn on cobs</p> <p>(gl)(mk)</p>	<p>Chilli Topped Nachos</p> <p>A favourite at IGS of slightly spicy homemade beef chilli on top of crunchy nachos, cheese, sour cream & salsa</p> <p>(mk)</p>	<p>Chicken Burger & Chips</p> <p>Chicken burgers served in a soft bun with chips, sweetcorn or beans</p> <p>(gl)(cel)(soy)</p>

